



Monthly outgoings

- To complete disclosure of your financial circumstances, it is necessary to work out your current and future expenditure.
- The attached sheets will help you work this out.
- Please note any anticipated changes that you expect in the next year or so. Give reasons for any expected changes. Include items currently being paid for by someone else, eg: your spouse/former partner.
- Where future outgoings are concerned, please give your best estimate. Part of the reason for the calculation is to work out your future budget and see if it works or not.
- If there is anything you do not understand please ask the mediator.

Name.....Date of Birth:.....

Address:.....

.....

Tel (home):.....Tel (work):

(Please indicate if an address or telephone number must be kept confidential).

.....

Occupation

Focus Family Mediation Ltd
Ashton House
471 Silbury Boulevard
Milton Keynes
MK9 2AH
Tel: 01908 231132 Fax: 01908 675667
Email: mabh@focus-mediation.co.uk

SCHEDULE OF OUTGOINGS

ITEM	MONTHLY COSTS	MONTHLY COSTS
	NOW	FUTURE
PROPERTY		
Mortgage / rent		
Endowment policy premiums		
Ground rent		
Council Tax		
Water rates		
Gas / Oil		
Electricity		
Telephone Landline		
Mobile		
Internet		
Fax		
Buildings Insurance		
Contents Insurance		
Repairs/Decoration/Maintenance		
Other		
SUB-TOTAL		
FINANCIAL		
Loan repayments		
HP payments		
Life Insurance Premiums		
Service Contracts		
Pension Contributions		
Health Insurance		
Critical Illness Insurance		
Other		
SUB-TOTAL		

NAME:

ITEM	MONTHLY COSTS	
	NOW	FUTURE
HOUSEHOLD		
Food / household		
Domestic Help		
Window Cleaning		
Garden Help		
Pets		
Other		
SUB-TOTAL		
PERSONAL		
Clothes/Shoes		
Toiletries/Cosmetics/Pharmaceutical		
Hairdressing		
Medical		
Dental		
Optical		
Laundry/Cleaning		
Work Lunches		
Professional Subscriptions		
Other		
SUB-TOTAL		
CAR		
Road Tax		
Insurance		

NAME:

ITEM	MONTHLY COSTS	
	NOW	FUTURE
Petrol/Diesel		
Repairs/Serviceing		
Recovery/Breakdown Service		
HP/Leasing		
Parking		
Depreciation		
Other		
SUB-TOTAL		
LEISURE		
TV Licence		
TV Rental		
Video Rental		
Newspapers/Magazines		
Entertainment		
Sports		
Meals Out/Take Away		
Records/Books/Stationery		
Holidays/Weekends Away		
Subscriptions		
Presents		
Other		
SUB-TOTAL		
CHILDREN		
School Fees		
Nursery Fees		
Nanny/Au Pair		
Childminder		

NAME:

ITEM	MONTHLY COSTS	
	NOW	FUTURE
Babysitting		
School Transport		
School Meals		
School Trips		
Books/Stationery		
Extra Lessons		
School Clothing/Equipment		
Other clothing/shoes		
Sporting/Leisure Equipment		
Nappies		
Toiletries		
Dry Cleaning/Shoe Repair		
Medical		
Dental		
Optical		
Pocket Money		
Christmas/Birthday Presents		
Birthday Parties		
Presents to take to Birthday Parties		
Holidays		
Outings		
Transport/Fares		
Videos		
Subscriptions		
Other		
Other		
Other		
SUB-TOTAL		
OVERALL TOTAL		